

Statement on “Change”

January 17, 2020

1. The IFTCC will not endorse any Member who directly or indirectly communicates to Clients that categorical change is a regular occurrence and the panacea of change-allowing therapeutic work in the area of human sexuality.
2. Members must demonstrate a clear understanding of the limitations of change-allowing therapies and the relative value of goals that enhance management or modification of sexual behaviours, desires and feelings.
3. Members are encouraged to recognise the complexity and limitations in understanding the aetiology of unwanted sexual behaviours, attractions and patterns.
4. The IFTCC aligns with the scientific evidence showing that:
 - a) Sexuality is not innate;
 - b) Sexuality is fluid for some;
 - c) Change-allowing therapies do not cause harm, ipso facto;
 - d) Sex is fixed;
 - e) Transgender identity and feelings are neither innate nor universally immutable.
5. Scientific research, in the area of sexuality and identity, can be complex and nuanced, and the IFTCC endeavours to encourage careful examination of the literature. To hold the opposite viewpoint to the scientific viewpoint in (4) dogmatically is scientifically incorrect, and the IFTCC encourages Members to ensure that aligning with the political mono-cultures promoting LGBT ideologies is avoided. All Members are aware of the science and will pass on sound scientific evidence to the Client, avoiding that which has no scientific basis.