

IFTCC Curriculum Framework (Revised October 2023)

DOMAIN A: HEAD			
Learning Goals	1. Cognition Learning Goals: Participants will be able to recognise 'confirmation bias' and to match appropriate methodologies to research projects and scholarship initiatives and therefore able to assess validity.	2. Criticality Learning Goals: Participants will be able to apply insight from historical awareness, ideological diversity and comparative reading to assess the usefulness of arguments and research design.	3. Creativity Learning Goals: Participants will show evidence of discernment by way of insight into theory, research and practise and through constructing effective argument following the assessment of the relevant facts.
Basic Workshop Descriptions	A1 Introduction to Research Quantitative and Qualitative Methodologies Workshops, seminars, and presentations at the basic level will model research projects and presentations of both quantitative and qualitative approaches to research.	A2 Developing insight Workshops, seminars, and presentations at the basic level assist learners to understand the focus or the scope of field being examined so that the limitation of any study and presentation is manifest to them.	A3 Critical skills and Creativity Workshops, seminars, and presentations at the basic level that model and reflect creativity of approach, research design, or interpretation of data.
Intermediate Workshop Descriptions	B1 Introduction to Mixed Methodologies Workshops, seminars, and presentations at the intermediate level will model appropriate use of mixed methodologies and demonstrate the usefulness of doing so.	B2 Refining Argument and Detecting Ideological frameworks Workshops, seminars, and presentations at the intermediate level assist learners to develop thesis' establish argument and discern ideological perspective by selecting and deselecting relevant facts.	B3 Assessing Creativity and Accuracy Workshops, seminars, and presentations at the intermediate level will demonstrate how accuracy is enhanced by creative methodological approaches.
Advanced Workshop Descriptions	C1 Application of Research to Questions Workshops, seminars, and presentations at the advanced level will present complex research-based material that resumes understanding of methodological issues and the use of statistical analysis intended for practitioners or theorists advanced in their capacity to analyse such research.	C2 Positioning Research and Scholarship within Socio-Cultural Contexts Meaningfully Workshops, seminars, and presentations at the advanced level present content that models comparative reading on sexuality and gender issues within the broader social and historical context.	C3 Interpreting Social Norms Workshops, seminars, and presentations at the advanced level will expose the role of specific theories of practise (as counsellors, pastoral practitioners of other helping roles) which influence majority or minority opinions in societies engaging with the sexuality and gender issues.

DOMAIN B: HANDS			
Learning Goals	4. Clinical Practice Learning Goals: Participants will be able to ethically apply several evidence-based mainstream psychotherapy approaches to culturally diverse client populations' presenting issues and to clinical supervision and mentoring practice.	5. Practice Management Learning Goals: Participants will be able to describe a breadth of challenges and opportunities, solutions and necessary skills for managing a private practice.	6. Ethical Activism & Public Education Learning Goals: Participants will exhibit the ability to advocate for vulnerable populations through public education and advocacy campaigns within the scope of professional and legal boundaries.
Basic Workshop Descriptions	A4 Clinical skills Workshops, seminars, and presentations at the basic level will focus on principles of counselling, including empathy, therapeutic alliance, promotion of client, autonomy and self-determination, boundary-setting and self-care, referral indicators, and application of legal and ethical guidelines.	B5 Basic Practice Management Workshops, seminars, and presentations at the basic level will provide an opportunity for practitioners to conduct a cost-benefit analysis of beginning a private practice. Common concerns, challenges, ethical considerations, and financial issues will be considered.	B6 Effective Communication Workshops, seminars, and presentations at the basic level will focus on communication methods and styles for a variety of presentation platforms and explore methods of dissemination of information. Plagiarism, copyright, and intellectual property rights will be emphasized.
Intermediate Workshop Descriptions	B4 Application of Models and Approaches Workshops, seminars, and presentations at the intermediate level will include application of diverse mainstream models and approaches to individual, family, and group therapy with an emphasis on knowledge of the influence and conflicts of diversity (country of origin, gender, religion, neurodiversity, etc.).	B5 Advanced Practice Management Workshops, seminars, and presentations at the intermediate level will focus on preparing clinicians as they start or expand a practice with actionable steps. Participants will explore more in depth the essential components of practice start-up planning including money management, billing, office procedures, social media, advertising and marketing, human resources issues, and management beyond the practice of clinical supervision.	B6 Ethical Activism for Clinicians Workshops, seminars, and presentations at the intermediate level, will include a review of the history of the role of mental health practitioners in promotion of social justice, political movements, legislation, and public policy. A review of major ethical dilemmas and appropriate ethical boundaries for mental health activism will be discussed.
Advanced Workshop Descriptions	C4 Clinical Application of Research Workshops, seminars, and presentations at the advanced level will be presented with the seasoned clinician in mind. Practice from an evidence-based foundation, the use of research to inform assessment and treatment planning, and training in clinical supervision and mentoring will be included.	C5 Project Collaboration and Management Workshops, seminars, and presentations at the advanced level will assist participants in initiating, establishing, maintaining and ending collaborative projects with other professionals to support the needs of the larger client population. The importance of collegiality, teamworking, collaboration, and dialogue will be emphasized. Topics will include methods of maintaining accountability and transparency, seeking and managing funding (e.g. grants), project planning, and risk assessment and management.	C6 Social Justice Advocacy Training Workshops, seminars, and presentations at the advanced level will provide knowledge and skill development for planning, developing, and delivering public engagement initiatives for the promotion of justice and advocacy of vulnerable populations. Opportunities for immediate application will be provided.

DOMAIN C: Heart			
Learning Goals	7. Development and Devotion Learning Goals: Participants will be able to articulate divergent perspectives on human development in relation to those reflected in the anthropology of the Judeo-Christian or Biblical world view, and to account for their devotion in the face of opposing world views or ideologies.	8. Accountability Self-Awareness and Self-Management Learning Goals: Participants will have opportunity to explore self-awareness and how these impact on self-management for the benefit of balanced living in a 'post-Christian' or anti-Christian societies.	9. Critical Reflection Learning Goals: Participants will learn the value of a range of reflective learning lenses that facilitate critical reflection of self to maximise co-existence, and where possible, assimilation or effective resistance, where necessary
Basic Workshop Descriptions	A7 Human Development and Devotion Workshops, seminars, and presentations at the basic level will elucidate theoretical understandings of human development from infancy to adulthood and how these impact on the psychological and spiritual awareness of individuals. Both pre-natal and post-natal influences are considered.	A8 Self-Awareness Workshops, seminars, and presentations at the basic level will encourage participants to develop accountability to themselves through self-awareness. Self-awareness invites active engagement with others to establish balance in self-perception and contributions in this area will stimulate participants to recognise their unique potential contributions to others, as they master themselves.	A9 Using Reflective Lenses Workshops, seminars, and presentations at the basic level will facilitate the use of basic tools such as (1) autobiography, (2) theoretical literature, how others experience us (3) near-peer – colleagues, and (4) those to whom we minister/teach/lead.
Intermediate Workshop Descriptions	B7 Spiritual Development: Valuing Devotional Living Workshops, seminars, and presentations at the intermediate level will examine Christian development and how it relates to our bodies and the creation order and design as revealed in the Bible.	B8 Self-Management Workshops, seminars, and presentations at the basic level will encourage participants to develop accountability to near-peers, family and friends through self-management of their lives, their resources, their time and productivity	B9 Reckoning with Authority Workshops, seminars, and presentations at the intermediate level will examine the philosophy and power dynamics behind "authority": age-differential and hierarchies for example as revealed in our daily lives and working environments.
Advanced Workshop Descriptions	C7 Biblical Anthropology: Body Soul and Spirit Workshops, seminars, and presentations at the intermediate level will explore the complementarity of our design as we move from dependency to interdependency through co-dependence, counter-dependence and independence.	C8 Sex Roles: Developing Masculinity and Femininity Workshops, seminars, and presentations at the basic level will encourage participants to develop accountability to society at large by recognising the importance of societal roles that value godly masculinity and femininity by avoiding toxicity in either of these creative-order traits.	C9 Uncovering and Avoiding Spiritual Abuse Workshops, seminars, and presentations at the advanced level will explore the concept of spiritual abuse and when this is a valid concern and when it is a political ploy to achieve a silencing effect for the advancement of a specific ideology. The danger of cultism and when churches or leaders descend into cultlike behaviours.