

# In Search for Identity as Man and Woman

## How Can We Offer Help to Those Who Struggle?

15-17<sup>th</sup> November 2019

IFTCC - Conference in Hungary (West of Budapest)

The search for identity as men and women is arguably one of the most pressing issues of our time. Is there an objective reality of sex and gender? What is the meaning of the body? Current science confirms that same-sex attractions and transgender conditions are not simply inborn.

Relational trauma may have a significant impact on the development of personal and sexual identity. It is becoming increasingly difficult for strugglers to find appropriate, evidence-based support. There is a great need for professionally sound and ethically grounded modalities of therapy and counselling.

Our conference will look at several approaches and possibilities through a wide range of talks, workshops and during times of discussion.

### Friday, 15<sup>th</sup> November 2019

- 15:00 **Registration**
- 18:00 **Supper**
- 19:00 **Welcome**  
Mike Davidson, PhD, IFTCC
- 19:15 **Introduction to the Issues of the Conference**  
Dr. med. Christl R. Vonholdt
- 19:50 **The Importance of Professionalism and Integrity**  
Keith Vennum, MD
- 20:25 **Introduction to IFTCC Preferred Provider Training**  
Mike Davidson, PhD
- 20:40 **Introduction to the Workshops**

### Saturday, 16<sup>th</sup>

- 08:00 **Breakfast**
- 09:00 **Image Transformation Therapy: Theory and Practice, Part 1**  
David Pickup, Robert Vazzo
- 09:45 **Coffee Break**
- 10:15 **Image Transformation Therapy, Part 2**  
Robert Vazzo, David Pickup
- 11:15 **Protecting the Right to Therapy**  
Laura Haynes, PhD
- 12:00 **Lunch**

### 14:00 -15:30 Workshops

- 1. Schema Therapy in the Context of Identity Issues**  
Stefan Schmidt
- 2. Reintegrative Therapy: The Dynamic Assertion Protocol**  
Timothy D. Long
- 3. Image Transformation Therapy in Practice: Mock Therapy Sessions**  
David Pickup, Robert Vazzo
- 4. Gender Dysphoria – Help for Families**  
Denise Shick
- 5. Challenging Therapy Bans**  
Laura Haynes, PhD
- 6. Rooted and Grounded in Love - Pastoral Care for Women Struggling with SSA**  
Alida Niewenhuis
- 7. Psychodrama and Trauma**  
Mike Davidson, PhD
- 8. Responding to Rights Culture in Secularism**  
Espen Ottosen
- 9. Pastoral Care to Men and Women Struggling with Hurt Sexuality**  
Jens Fredrik Brenne, Karen Graaten
- 10. Ways Out of Pornography**  
Alexis Lundh
- 11. Avoiding Harm and Prompting Success in Sexual Attraction Fluidity**  
Keith Vennum, MD

- 15:30 **Coffee Break**
- 16:00 **Protecting the Public Space from Aggressive Ideologies**  
Andrea Williams
- 16:30 **My Daddy's Secret – Growing up with a Transgender Parent**  
Denise Shick
- 17:00 **A: Meeting in National Groups, Networking**  
**B: The Issue of SSA in an Integrated Prevention Program for Public Schools – Dr. Szymon Grzelak**
- 18:15 **Supper**
- 19:30 **Open Questions to the Speakers**  
Moderation Márton Járny
- 21:00 **End of the Day**

## Sunday, 17<sup>th</sup>

- 08:00 **Breakfast**
- 09:00 **Workshops repeated**
- 10:15 **Coffee Break**
- 11:00 **Dos and Don'ts for Counselling Men with SSA**  
Robert Vazzo
- 11:45 **Where do we go from here? Closing Remarks**  
Mike Davidson, PhD, Dr. med Christl R. Vonholdt
- 12:30 **Lunch and End of Conference**

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### Conference Language - English

### Conference Fee + Accommodation

150 € double bedroom / 210 € single bedroom

**Cancellation Fee:** 50 € – cancellation after October 30<sup>th</sup>

## About the Speakers

**Jens Fredric Brenne** (Norway) is a theologian and prison chaplain in Oslo. He serves on the IFTCC General Board and is President of Til Helhet.

**Mike Davidson** PhD (UK) is IFTCC Chairman, Director of Core Issues Trust and a board member of the Alliance for Therapeutic Choice and Scientific Integrity.

**Karen Graaten** (Norway) is a Christian counsellor.

**Laura Haynes** PhD (USA) is a Clinical Psychologist, former President of the Christian Association for Psychological Studies – Western Region, Chair of Research and Legislative Policy of the National Task Force for Therapy Equality, member of the research committee of the Alliance for Therapeutic Choice and Scientific Integrity and IFTCC general board member.

**Márton Járay** (Hungary) is a theologian and counsellor. He works at the Institute of Mental Health at Semmelweis University. He is General Secretary of the Antropos Mental Health Association.

**Szymon Grzelak**, Dr. (Poland) is a psychologist, founder and President of the European Institute for Integrative Prevention.

**Timothy D. Long** (USA) LMFT (Licensed Marriage and Family Therapist), Master of Divinity, Master of Counseling. He trained under Dr. Joseph Nicolosi Sr and is the Clinic Director of Kainos Christian Therapy.

**Alexis Lundh** (Norway) is Director of Totally Free and works for the Norwegian media organisation Faith & Media.

**Alida Niewenhuis** (Netherlands) works as a spiritual director and provides pastoral care to those with unwanted SSA as well as educational resources about gender and sexuality.

**Espen Ottosen** (Norway) is Theologian at the Norwegian School of Theology and Information Manager at the Norwegian Lutheran Mission. He is one of the 70 founders of the Christian Think Tank Skaperkraft.

**David Pickup** (USA) LMFT (Licensed Marriage and Family Therapist) specializes in addictions, gender dysphoria/sexuality, marriage and family issues, depression, anxiety issues with children, adolescents and adults. He is co-founder of the National Task Force for Therapy Equality.

**Stefan Schmidt** (Germany) is a qualified social worker and experienced counsellor at The Institute for Dialogue and Identity (idish e.V.), Germany. His institute offers counselling for those struggling with sexual and identity issues and trains Christian and secular counsellors.

**Denise Shick** (USA) is Founder and Executive Director of Help 4 Families Ministry. As a 9 year old she was confronted with her father's transgender issue. She is the author of *My Daddy's Secret*.

**Robert Vazzo** (USA) LMFT (Licensed Marriage and Family Therapist) specializes in sexual addiction, sexual abuse, men's issues, anxiety issues, borderline personality, depression, parenting, relationship issues, trauma and unwanted SSA.

**Christl Ruth Vonholdt**, Dr. med. (Germany), Pediatrician. She serves on the IFTCC Executive Board and is a former Director of the German Institute for Youth and Society.

**Keith Vennum** MD (USA) is a psychiatrist and President of the Alliance for Therapeutic Choice and Scientific Integrity.

**Andrea Minichiello Williams** (UK) is a barrister, founder of Christian Concern and the Christian Legal Centre and serves on the General Board of the IFTCC.

### Conference Venue

West of Budapest, Hungary  
90 min. travel from Budapest International Airport

### Contact Address see Registration Form

**Registration/Information:** Please submit the completed registration form by email to [conference@iftcc.org](mailto:conference@iftcc.org) or by post (see Registration Form).

## Conference Organiser

**The International Federation for Therapeutic and Counselling Choice, IFTCC** [www.iftcc.org](http://www.iftcc.org)

The IFTCC supports dedicated providers of services to individuals seeking to change their unwanted relational and sexual behaviour, attractions and patterns. The organisation exists to preserve the freedoms and rights of clients to access such services. It also preserves the right of providers to offer services. It advocates for scientific integrity and research objectivity. Its anthropological approach is based on a Judeo-Christian understanding of the body, marriage and the family.